

The only way to keep your health is to eat what you don't want, drink what you don't like, and do what you'd rather not. ~~Mark Twain



Good FRI!-day morning,

S&P 500 futures rose slightly on Friday, as traders headed for a mostly losing week amid declines in tech and artificial intelligence-related names.

- **Rates remain the #1 market driver.** The 10-year Treasury yield eased toward **5.25%** Thursday after the AI selloff triggered a flight to safety, but September inflation data were hot enough to keep **another Fed hike in play by year-end**. If yields resume climbing Friday, high-multiple tech is the obvious pressure point; if they continue falling, that should help stabilize growth stocks.
- **AI/semiconductors are still under pressure.** The Philadelphia semiconductor index has now fallen for **seven straight sessions**, while heavily financed AI names such as CoreWeave and Oracle remain under scrutiny because higher rates make debt-heavy growth models less attractive. Friday's key tell is whether buyers finally step into semis—or whether the rotation into healthcare, consumer defensives and other non-tech sectors accelerates.
- **Oil above \$100 keeps the inflation trade alive.** Brent finished Thursday around **\$105.92**, while WTI was near **\$97.97**, with an 8.6-million-barrel U.S. inventory draw and continued Middle East shipping risks supporting prices. Any fresh escalation around Hormuz or Saudi infrastructure could quickly push inflation expectations and yields higher again.
- **Bank earnings are telling a mixed economic story.** Consumer lending and net interest income remain relatively healthy, but investment banking activity slowed materially in Q3 as high yields, AI volatility and geopolitical risk delayed M&A and IPO activity. That makes Friday's financial-sector tape useful for judging whether investors see the economy as resilient or simply expensive to finance.

Trading hierarchy for Friday

1. 10-year Treasury yield → 2. semiconductors/AI → 3. oil/Hormuz → 4. market breadth → 5. Financials.

The most important setup is **rates versus AI**. If the 10-year stays near or below **5.25%** and semiconductors still cannot bounce after seven down sessions, I'd treat that as a meaningful warning that the AI trade is undergoing a deeper re-rating rather than just reacting to rates.

Making sure my neighbours aren't outside so I can go outside...



Headlines for FRI!-day morning, 16-Oct-26:

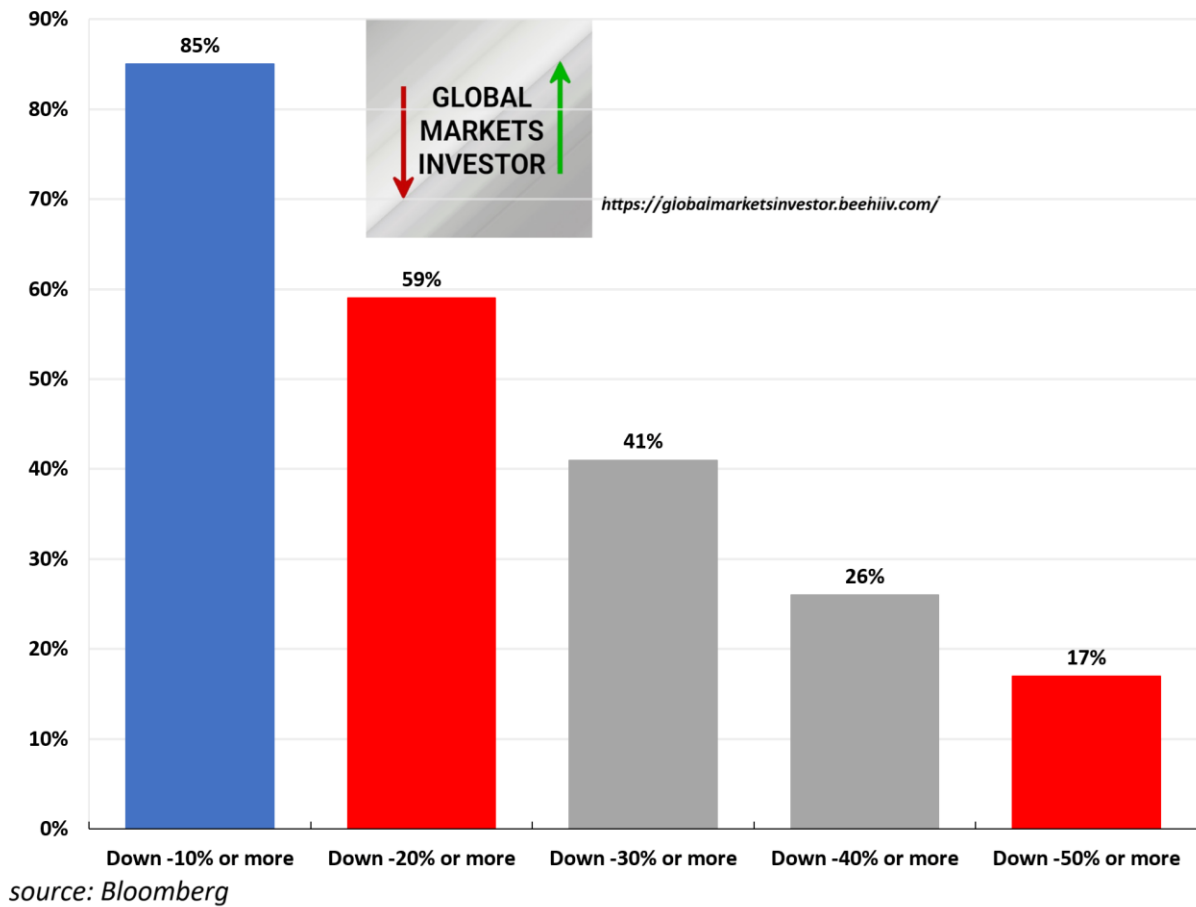
- Elon Musk Announces Plans to Start Roadster Production in 2028
 - Tesla Roadster Boasts 0–60 MPH Acceleration in Less Than One Second, Event Reveals
 - Tesla Roadster Features Jet-Assisted Jumping and Landing Capabilities, Company Event Shows
- Fed's Hammack: Businesses Are Seeing A Lot Of Input Cost Price Pressures

- - Formation Of Inflationary Mindset Might Force More Aggressive Fed Policy Action
- Fed's Goolsbee: If inflation stems from demand overheating due to AI, it's more concerning and must be addressed
- Total money market funds fell \$40.46b to \$7.92t for the week ended October 14th - ICI
- “As equity analysts, it's possible we could be missing something technical on the credit side” - Deutsche Bank on CRWV
- Bank earnings are telling a mixed economic story.
 - Consumer lending and net interest income remain relatively healthy, but investment banking activity slowed materially in Q3 as high yields,
 - AI volatility and geopolitical risk delayed M&A and IPO activity.
 - That makes Friday’s financial-sector tape useful for judging whether investors see the economy as resilient or simply expensive to finance.
- COPPER FELL 1% TO \$14,347/TON, EXTENDING LOSSES TO THREE DAYS AS STRONG US INFLATION, A FIRM DOLLAR AND FED RATE-HIKE EXPECTATIONS WEIGHED ON METALS. CONCERNS OVER AI SPENDING ALSO ADDED PRESSURE
 - COPPER REMAINS UP OVER 15% IN 2026, BUT EASING STRIKE RISKS AT CHILE’S ESCONDIDA MINE AND WEAK MINING STOCKS LIMITED BULLISH SENTIMENT.

There is widespread damage beneath the market surface.

- A remarkable 85% of S&P 500 stocks are currently trading at least -10% below their all-time highs.
- At the same time, **59% of S&P 500 stocks are down at least -20% from their highs**, 41% are down more than -30%, while **17% are down more than -50%**.

Share of S&P 500 Constituents Below Their All-Time High

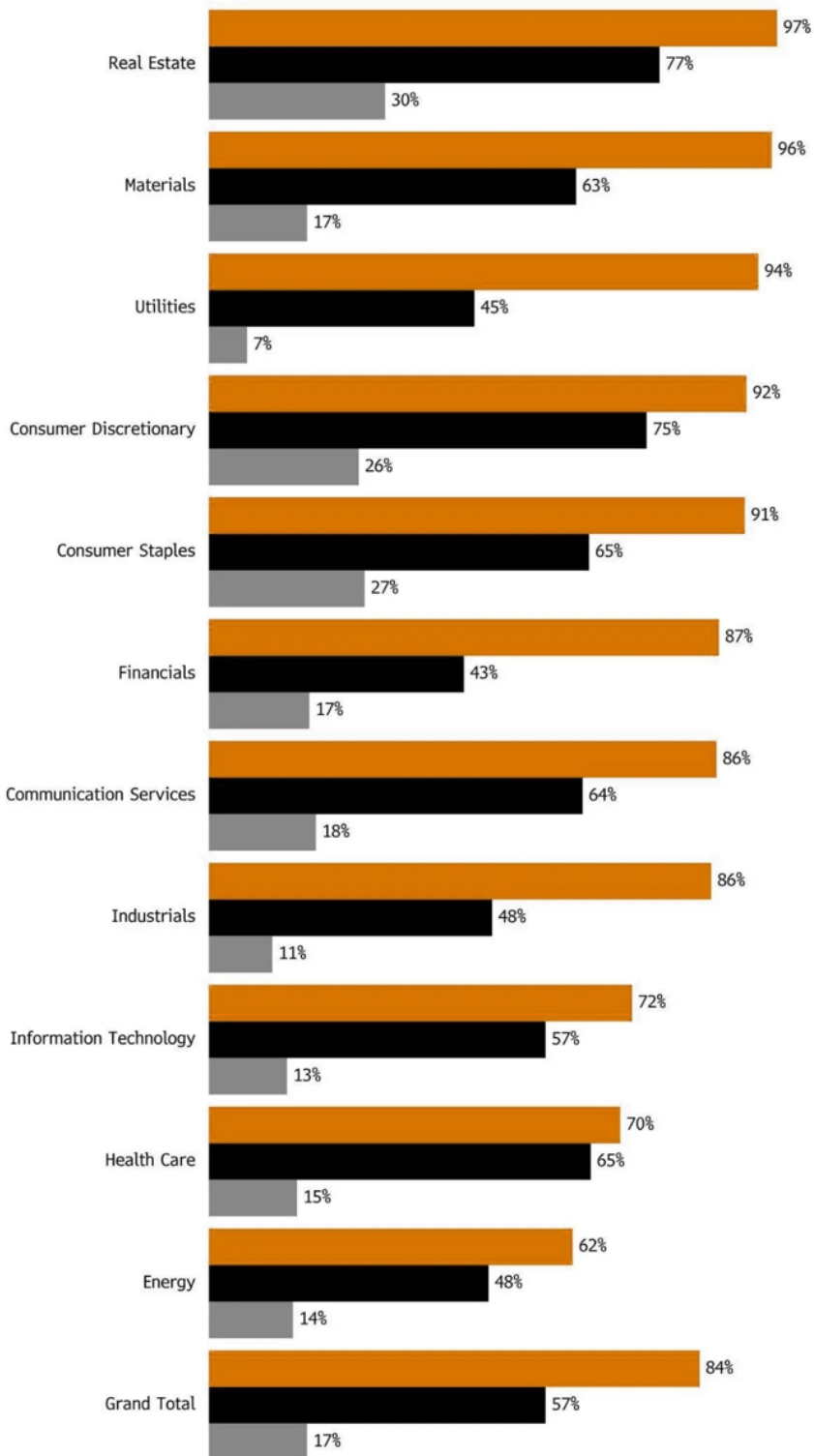


Across market sectors, Real Estate leads the drawdown, with 97% of stocks down at least -10%, and 77% of names down more than -20%.

S&P 500 Strength Accompanied by Weak Sector Breadth

S&P 500 members distance from all-time highs by GICS sector

■ Pct. down at least 10% ■ Pct. down at least 20% ■ Pct. down at least 50%



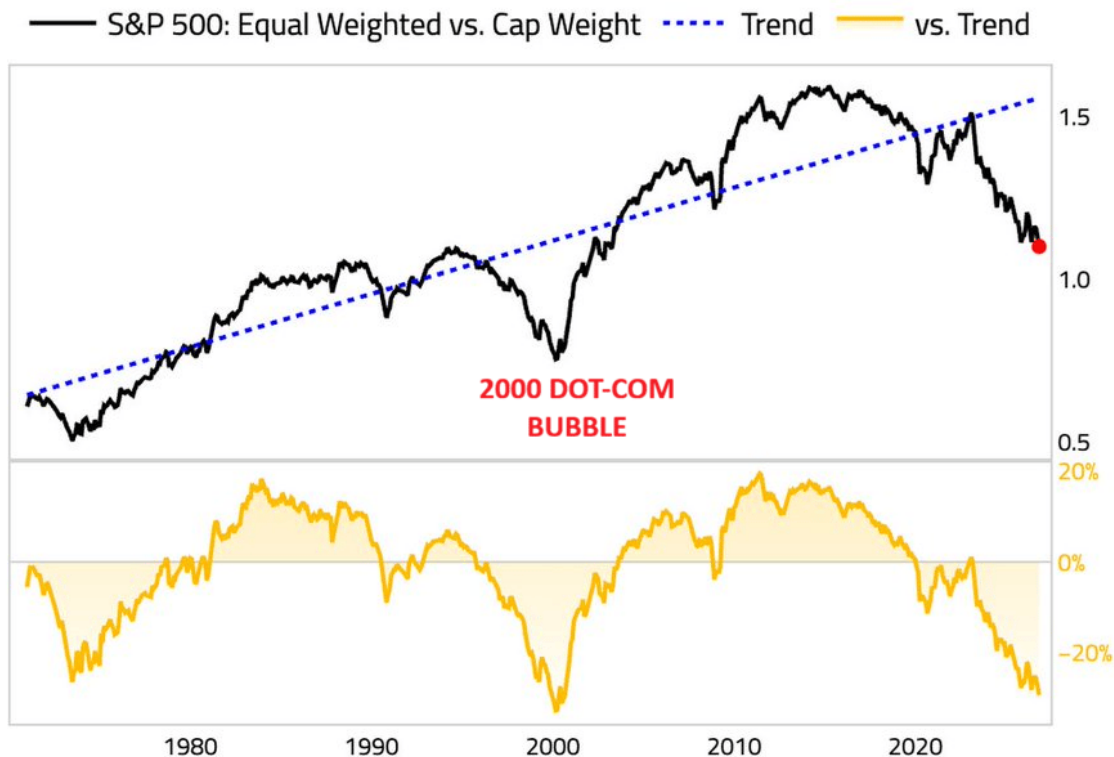
Note: S&P 500 GICS Level 1 data.

Source: Bloomberg

Bloomberg

The ratio of the S&P 500 equal-weighted index to the cap-weighted index has fallen to around 1.1, its lowest level in over 2 decades.

- This ratio is roughly -27% below its long-term trend, its largest drawdown since the 2000 Dot-Com Bubble

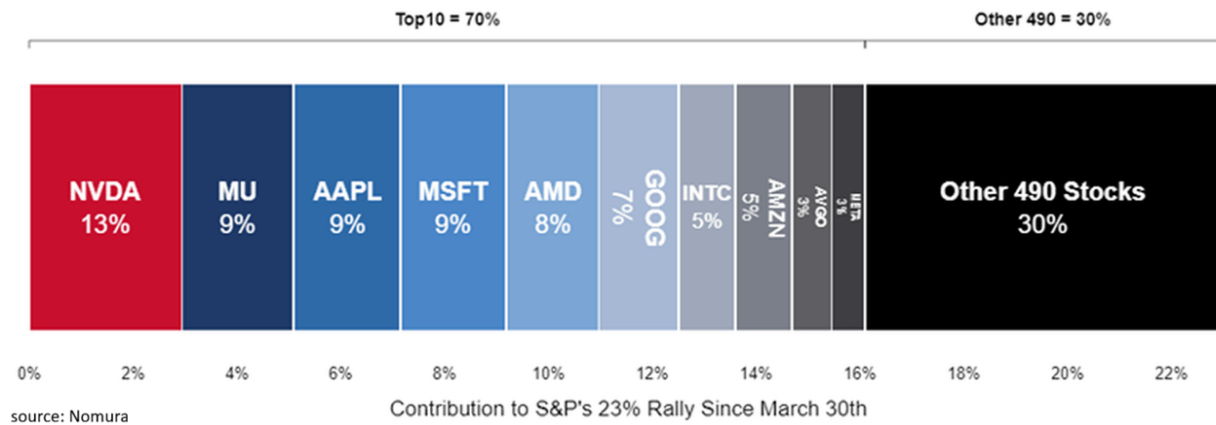


The Daily Shot®

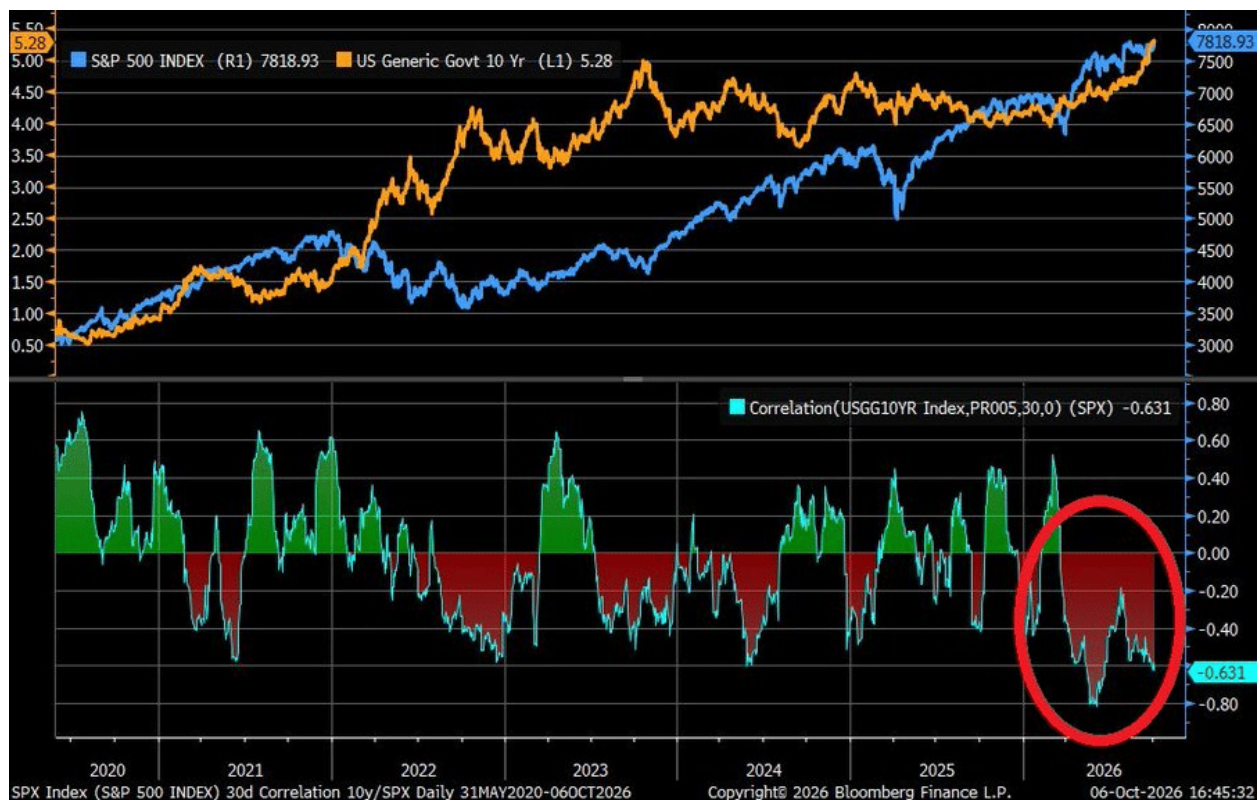
Just 10 stocks have represented a whopping 70% of the S&P 500's advance since the March 30th market bottom. The other 490 stocks? For just 30%.

S&P 500 Return Contribution Since March 30th

Ten Stocks Drove 70% of the 23% Rally



Rising Treasury yields have increasingly coincided with weaker stock performance, while falling yields have tended to support equities.



When you're left alone with another introvert—and now you have to be the extrovert..



Cryptocurrency

- **MSCI to remove Michael Saylor's Strategy [\\$MSTR](#) from its indexes.**
- **Nearly \$1 billion of leveraged cryptocurrency positions were liquidated.** The earlier selloff generated approximately **\$951 million in liquidations over 24 hours**, including about **\$876 million of longs**. That's important: a substantial amount of excess leverage has now been flushed out of the market.
- **XRP and SOL were caught in the broader liquidation wave.** During the worst of yesterday's risk-off move, SOL fell roughly 4.8% and XRP about 4.7%. SOL has since recovered to around **\$106**.

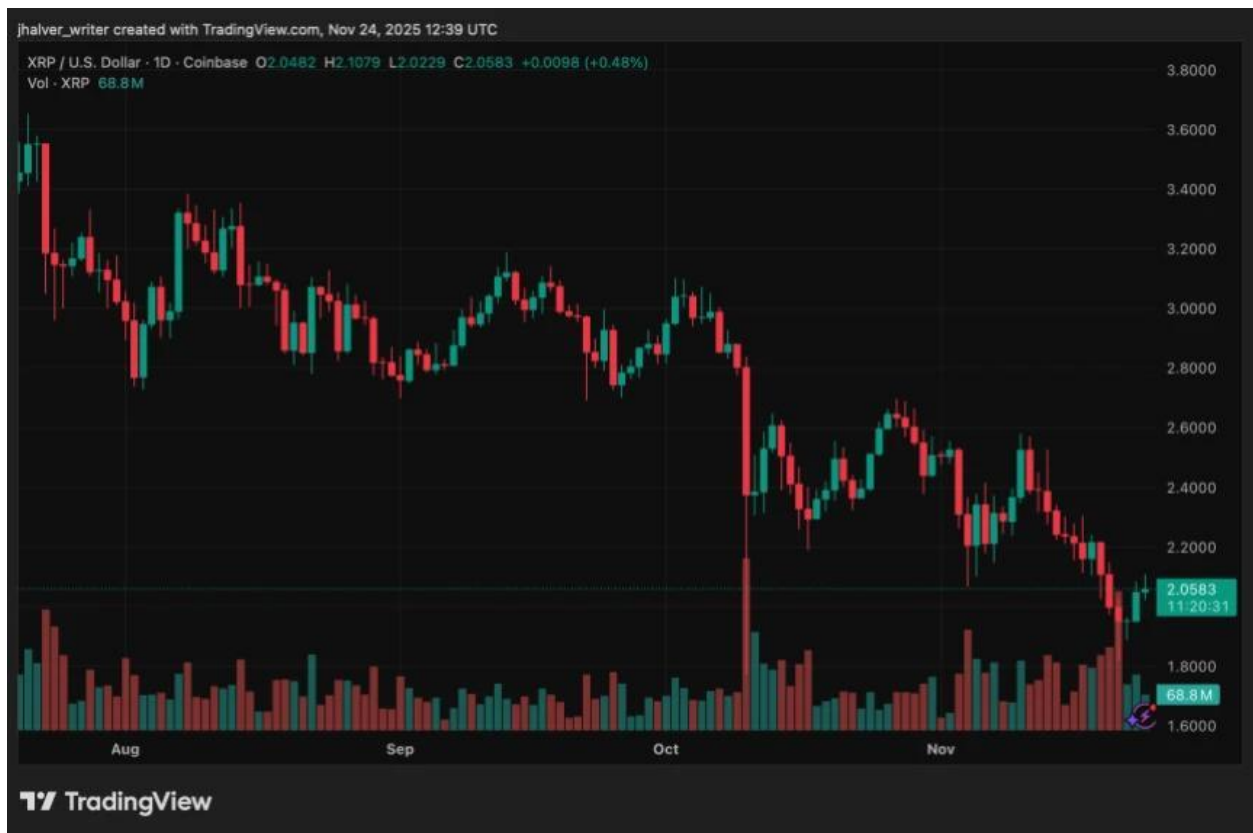
Bitcoin Dominance (BTC.D) — Market breadth ~59.9%

pukimak created with TradingView.com, Feb 11, 2026 10:17 UTC+8



TradingView

XRP — Altcoin participation ~\$1.34



Me, at midnight, out of nowhere..



US high-yield spread has surged to 12.14%, its highest since the 2022 bear market, while the effective high-yield bond yield has jumped to 17.32%, its highest since April 2025.

☆ ICE BofA CCC & Lower US High Yield Index Option-Adjusted Spread (BAMLH0A3HYC)

Observations ▾

2026-10-08: 12.52

Updated: Oct 9, 2026 8:09 AM CDT

Next Release Date: Oct 12, 2026

Units:

Percent,

Not Seasonally Adjusted

Frequency:

Daily,

Close

1Y

5Y

10Y

Max

2023-10-10

to

2026-10-08

Edit Graph

Download

FRED — ICE BofA CCC & Lower US High Yield Index Option-Adjusted Spread



Source: Ice Data Indices, LLC via FRED®

Shaded areas indicate U.S. recessions.

fred.stlouisfed.org

Fullscreen

Some things are better left unsaid---and I usually realize that after saying them...



Oracle's credit-default swap spread has soared to a record 261 basis points, while Broadcom's has reached a record 136 basis points.



VIP Pricing

	LAST	CHANGE	% CHG		LAST	CHANGE	% CHG
.DJI	52,177.69 USD	+556.21	+1.08%	SLV	52.17 USD	+0.25	+0.48%
.IXIC	26,713.026 USD	+20.158	+0.08%	PSLV	18.72 USD	+0.12	+0.65%
.SPX	7,744.06 USD	+25.12	+0.33%	AG	16.04 USD	-0.05	-0.31%
@SP.1	7,797.00 USD	+6.00	+0.08%	SPCX	150.40 USD	+1.78	+1.20%
.VIX	16.02 USD	-0.44	-2.67%	LOFD	6.05 USD	-0.16	-2.58%
@CL.1	98.31 USD	+0.34	+0.35%	LOFF	16.35 USD	+0.27	+1.68%
@GC.1	4,194.30 USD	+24.20	+0.58%	SKHY	141.99 USD	-4.12	-2.82%
@SI.1	57.945 USD	+0.789	+1.38%	MU	913.50 USD	-17.74	-1.90%
@TY.1	105.3438 USD	-0.1875	-0.18%	SNDK			
US10Y	5.119%	+0.032	+0.6291%	BITO	11.00 USD	UNCH	UNCH
US30YFRM	7.33 USD	-0.12	-1.61%	AA	41.34 USD	+0.92	+2.28%
BTC.CM=	82,343.60 USD	-11.14	-0.01%	UNH	408.78 USD	+2.11	+0.52%
ETC.BF=	8.10 USD	+0.03	+0.42%	AI	12.14 USD	-0.02	-0.16%
CAD=	1.4155	-0.0028	-0.1974%	LLY	1,260.00 USD	+8.39	+0.67%
EUR=	1.1255	+0.0037	+0.3298%	RH	118.25 USD	+0.38	+0.32%
GBP=	1.3337	+0.0064	+0.48%	COIN	180.55 USD	-3.26	-1.77%
JPY=	158.00	+0.02	+0.01%	CRK	13.55 USD	+0.05	+0.37%
AAPL	343.76 USD	+1.76	+0.51%	CVX	220.75 USD	+1.43	+0.65%
AMZN	254.81 USD	+0.05	+0.02%	GLW	137.62 USD	-0.81	-0.59%
AVGO	342.70 USD	-1.63	-0.47%	SBUX	97.10 USD	+0.22	+0.23%
NFLX	70.41 USD	-2.20	-3.03%	MNTN			
DEFT	0.45 USD	+0.0089	+2.0181%	HIMS	29.13 USD	-0.25	-0.85%
TSLA	374.12 USD	+11.68	+3.22%	RIOT	15.22 USD	-0.28	-1.81%
META	740.76 USD	+4.04	+0.55%	XRPI	7.21 USD	-0.02	-0.28%
MSFT	541.15 USD	+1.71	+0.32%	ASTS	43.48 USD	-0.98	-2.20%
GOOGL	349.88 USD	+0.66	+0.19%	BRZE	30.10 USD	-0.28	-0.92%
NVDA	217.30 USD	+0.07	+0.03%	DJT	7.41 USD	+0.01	+0.14%
QQQ	727.57 USD	-0.43	-0.06%	GME	27.91 USD	-0.11	-0.39%
BRK.B	527.50 USD	+1.82	+0.35%	BA	190.76 USD	+2.03	+1.08%
ARKK	46.15 USD	-0.34	-0.73%	DKS	140.84 USD	+3.88	+2.83%

Coin			Price	1h	24h	7d	24h Volume	Market Cap	Last 7 Days						
 Bitcoin BTC	Buy		\$82,369.43	▲ 0.2%	▲ 2.0%	▲ 0.1%	\$32,207,531,050	\$1,655,558,717,106							
 Ethereum ETH	Buy		\$2,469.56	▲ 0.2%	▲ 4.6%	▼ 0.6%	\$14,739,275,672	\$301,638,131,621							
 Tether USDT			\$0.9992	▲ 0.0%	▲ 0.0%	▲ 0.0%	\$59,336,105,810	\$183,516,531,968							
 BNB BNB	Buy		\$730.17	▼ 0.2%	▲ 1.6%	▼ 1.3%	\$839,384,360	\$97,232,021,464							
 XRP XRP	Buy		\$1.34	▲ 0.1%	▲ 2.9%	▼ 2.9%	\$1,601,936,670	\$84,685,478,152							
 USDC USDC			\$0.9998	▲ 0.0%	▲ 0.0%	▲ 0.0%	\$18,005,389,425	\$72,498,261,257							
 Solana SOL	Buy		\$106.25	▼ 0.4%	▲ 4.1%	▼ 2.9%	\$3,303,293,617	\$62,615,633,960							
 TRON TRX	Buy		\$0.3355	▼ 0.1%	▲ 1.1%	▲ 1.0%	\$399,111,476	\$31,870,988,127							
 Figure Heloc FIGR_HELOC	Buy		\$1.03	▲ 0.0%	▼ 0.8%	▲ 0.1%	\$292,515,762	\$24,660,243,486							
 Zcash ZEC	Buy		\$1,227.56	▼ 0.6%	▲ 13.4%	▲ 1.0%	\$1,518,744,460	\$20,854,076,174							
Symbol	Price~	Exp Date	Type	Strike	Moneyness	Bid	Latest	Ask	Volume	Open Int	Vol/OI~	Imp Vol	IV	Delta	Last Trade
INTC	95.37	10/16/26 (1)	Call	96.00	-0.66%	1.30	1.33	1.36	20,498	139	147.47	64.60%	81.18%	0.4477	10/15/26
KHC	23.28	10/23/26 (8)	Call	23.50	-0.95%	0.23	0.27	0.30	20,221	139	145.47	30.89%	26.78%	0.4085	10/15/26
WULF	12.62	11/20/26 (36)	Put	9.00	-28.68%	0.25	0.27	0.27	36,531	280	130.47	98.62%	98.57%	-0.1174	10/15/26
NKE	37.14	10/16/26 (1)	Put	37.00	-0.38%	0.23	0.23	0.25	15,732	164	95.93	39.20%	39.37%	-0.4234	10/15/26
ETN	402.48	11/20/26 (36)	Call	470.00	-16.78%	3.30	3.65	4.80	22,594	236	95.74	44.73%	43.85%	0.1498	10/15/26
NVDA	217.23	10/16/26 (1)	Call	217.50	-0.12%	2.12	2.17	2.14	131,194	1,547	84.81	39.18%	49.63%	0.4875	10/15/26
MU	931.24	10/16/26 (1)	Call	905.00	+2.82%	30.55	31.33	31.80	12,677	156	81.26	50.81%	74.69%	0.7744	10/15/26
MU	931.24	10/16/26 (1)	Call	915.00	+1.74%	23.40	23.70	24.05	24,023	310	77.49	50.81%	73.03%	0.6852	10/15/26
WULF	12.62	02/19/27 (127)	Call	14.00	-10.94%	2.07	2.24	2.30	20,022	272	73.61	98.62%	106.61%	0.4912	10/15/26
AMD	562.23	10/16/26 (1)	Call	555.00	+1.29%	11.90	12.10	12.45	7,586	105	72.25	56.84%	68.66%	0.6484	10/15/26
NBIS	188.41	10/16/26 (1)	Call	175.00	+7.12%	13.75	14.43	14.50	10,071	140	71.94	87.30%	121.37%	0.8841	10/15/26
INTC	95.37	10/16/26 (1)	Call	97.00	-1.71%	0.95	0.98	0.99	13,596	193	70.45	64.60%	82.46%	0.3561	10/15/26
CCL	26.46	03/19/27 (155)	Put	24.00	-9.30%	1.49	1.58	1.71	30,024	434	69.18	37.56%	41.93%	-0.3001	10/15/26
AKAM	92.32	02/19/27 (127)	Put	75.00	-18.76%	4.80	5.75	6.00	6,782	106	63.98	73.09%	64.34%	-0.2209	10/15/26
APLD	20.39	10/16/26 (1)	Call	19.00	+6.82%	1.38	1.46	1.54	7,247	115	63.02	85.55%	114.03%	0.8878	10/15/26
AS	29.94	10/30/26 (15)	Call	30.00	-0.20%	0.95	1.00	1.25	10,212	168	60.79	52.02%	45.69%	0.5167	10/15/26
OLLI	95.56	11/20/26 (36)	Call	110.00	-15.11%	0.70	1.05	1.40	5,816	101	57.58	44.66%	42.07%	0.1660	10/15/26
CBRS	142.17	11/20/26 (36)	Put	95.00	-33.18%	0.55	0.92	1.00	10,379	186	55.80	79.46%	83.21%	-0.0458	10/15/26
XP	30.04	10/30/26 (15)	Put	26.00	-13.45%	1.15	1.25	1.45	17,152	310	55.33	80.43%	127.97%	-0.2454	10/15/26
RKLB	55.25	10/16/26 (1)	Call	54.00	+2.26%	1.70	1.80	1.90	5,577	103	54.15	75.16%	92.55%	0.6911	10/15/26
AMD	562.23	10/16/26 (1)	Call	552.50	+1.73%	13.45	14.60	14.30	6,323	117	54.04	56.84%	69.19%	0.6926	10/15/26

Cheers,

-NOD-

Nathaniel Orr-Depner

<https://www.stickytrades.com/nodlive/>